

Vegetable Stew - *Margaret Pustejovsky*

2 medium eggplants (1 lb., cubed)	4 – 5 Tbsp. olive oil
1 large onion, halved and sliced	1 large bell pepper, cut into strips
2 or 3 garlic cloves, very finely chopped	2 large zucchini, cut into ½ inch slices
1 ½ lbs ripe tomatoes, peeled and chopped	
or two cups canned chopped tomatoes	
Herbs to taste, salt, and pepper	

Cook on low heat until tender – 20 to 25 minutes